

# chicago medicine

CHICAGO MEDICAL SOCIETY  
THE MEDICAL SOCIETY  
OF COOK COUNTY



Newsletter, September 2006, Vol. 109, No. 11

## COUNCIL HIGHLIGHTS

### Chicago's health chief connects with CMS



Scott Warriner, CMS

Terry Mason, MD, left, health commissioner, CDPH, addresses the CMS Council on Sept. 19, joined by Council Chairman William A. McDade, MD.

TERRY MASON, MD, CHICAGO'S NEW health commissioner, made a guest appearance at the CMS Council meeting Sept. 19 to underscore the need for continued collaboration between the CDPH and CMS, particularly in educating doctors how to respond to a potential avian flu pandemic. In calling preparedness planning the most challenging issue facing public health, Dr. Mason described what the city, state, and federal

response would be in the event of a bird flu outbreak in Chicago. He stressed the importance of early and aggressive vaccine and quarantine. While the city had little funding for emergency programs prior to 9/11, today CDPH has a budget of \$18 million and a staff of eight devoted to disasters and emerging threats, he said. In the course of five years, planning has evolved from bioterrorism preparedness to include all types of hazards.

#### MORE ON DR. MASON

Chicago Medicine editors met recently with Dr. Mason to hear his plans for making Chicago a fitter city and to learn how local physicians can better participate. Read our interview in the next quarterly issue of Chicago Medicine magazine.

#### Retail health clinics resolution adopted

The CMS Council met on Sept. 19. Among the highlights was the passage of an emergency resolution on health clinics. The language calls for:

- All patients to be referred back to their primary care physicians.
- Follow-up care to be recommended to all patients, using similar guidelines/policies that exist for emergency care at hospitals and health-care centers.
  - All patients to be given a written copy of all procedures performed, treatment and recommendations given at the clinics.
  - A regulatory entity to be formed immediately to monitor the availability of physician-consultants; conflict of interest issues; policies for follow-up on results of diagnostic procedures and laboratory tests; drug

## COUNCIL HIGHLIGHTS (continued from page 1)

usage; continuity of care; and appropriate collaboration and oversight by physicians.

This resolution gives official Council endorsement for the work already begun between CMS leadership and Walgreens, as well as Take Care representatives. The language is intended as a basic road map to be expanded or refined as needed.

### *The Council approved other resolutions:*

#### **"I'M SORRY"**

- Supports a full-disclosure policy and endorses "I'm Sorry" legislation (735 ILCS 5/8-1901) (from Ch. 110, par. 8-1901) for responding to medical errors and granting legal protection to physicians from their apologies being used against them in court.
- Acknowledges full-disclosure policies as a useful adjunct for helping to ease the medical liability crisis.
- Requests the CMS Executive Committee to study and report back in order to coordinate CMS policy with the ISMS position on full disclosure.
- Communicates this policy to county medical societies, the Chicago and Illinois Bar Associations, and the Illinois Hospital Association, etc., for their support in implementing risk management teams to educate doctors and hospitals on using the "I'm Sorry" approach with patients and their families.

#### **HEALTHY EATING IN SCHOOLS**

- Supports rules providing for healthy eating in both public and private schools, modeled after legislation in Maine.
- Endorses the introduction of a similar resolution at the Illinois State Medical Society so that legislation can be enacted statewide for the benefit of all Illinois' children.

#### **CLIMATE CHANGE**

- 1) Urges all physicians to learn more about the changes due to global warming; 2) urges both public and private sectors in the U.S. to advance policies that reduce reliance on fossil fuels and promote clean and safe alternative energy technologies; 3) urges the U.S. President to take steps to curb greenhouse emissions and to work with other nations to address the dangers of global climate change through binding reduction targets for emissions; and 4) organizes a physician task force to investigate global warming issues and propose programs and policies for action. These recommendations were adopted at the ISMS and AMA.

#### **PHYSICIAN SUICIDE**

- Calls for the publication of educational articles on physician suicide in *Chicago Medicine*.

#### ***Board retreat highlights***

- Trustees and guests discussed efforts to recruit and retain students and residents. It was agreed that CMS student and resident sections should hold regional meetings for students and offer mentorship opportunities. Aman Ali, MD, was named interim chair of the Residents Section. Discussion revolved around getting professors and program directors to join CMS because students will follow their leaders' example. The retreat was held in July.

- A two-day MCC will be held in March with a different focus and new topics.

#### ***Bylaws changes submitted for review***

- The Bylaws Committee recommended changes to the Bylaws and Policy Manual. Councilors will vote on them in November.

*The next Council meeting is scheduled for Tuesday, Nov. 7.*

#### NEWS FOR CHICAGO PHYSICIANS



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515 N. Dearborn St.  
Chicago IL 60610  
James R. Tarrant, CAE, Executive Director  
Liz Sidney, Co-Editor/Editorial  
Scott Warner, Co-Editor/Production

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### ***MCC '07 planning begins early***

MARK YOUR CALENDAR FOR THE SPRING Midwest Clinical Conference, scheduled for March 16-17, 2007, at the Hyatt Regency McCormick Place. Along with clinical programs, the MCC will host new classes for hospitalists and programs on emerging topics in public health, technology and practice management. The event will include forums for special interest groups that have not had a platform in organized medicine. Up to 15 CME Category 1 credits are available. Watch for upcoming mailings and e-mail announcements. To register, visit: [www.cmsdocs.org](http://www.cmsdocs.org); or contact the CMS Education Department (312) 670-2550, ext. 338.

*"Like Midwest Clinical Conferences of the past, MCC 2007 will have a stellar faculty drawn from Chicago's leading medical schools. This will be a great time for us all to network with our colleagues and refresh ourselves about all that is exciting in health care, ranging from scientific advances to the business of building or growing a practice. A great variety of topics will cater to diverse needs over two days with 15 hours of CME credit."*

**Vijay Yeldani, MD,**

*Chairman, Midwest Clinical Conference Committee*

### ***CMS making hospital rounds***

*Getting the message out about our services*

CMS STAFF VISITED FIVE AREA DOCTORS' lounges in October to greet physicians and provide information about our services. The scheduled trips include St. Francis Hospital in Evanston, Thorek Hospital, Evanston Hospital, Glenbrook Hospital, and the Swedish Covenant Hospital quarterly staff meeting. The visit to Swedish Covenant on Oct. 24 included a five-minute presentation on "Securing Med Mal Coverage Following Non-renewal or Declination."

*If you would like CMS to schedule a visit at your hospital or would like more information, please call Dana Lucas at (312) 329-7327; or [dllucas@cmsdocs.org](mailto:dllucas@cmsdocs.org).*

### ***CMS study to examine medication non-compliance among elderly***

THE CHICAGO MEDICAL SOCIETY IS sponsoring a study that will look at a possi-

ble relationship between Medicare Part D coverage and medication non-compliance among senior citizens. The study is being funded through a grant from the Washington Square Foundation.

**We ask for the help of physicians** and other health professionals in locating:

- Seniors no longer taking their medications.
- Seniors no longer taking their medications *regularly*.
- Seniors suffering symptoms that indicate possible medication non-compliance.

Subjects will be interviewed in-depth to learn the etiology of their non-compliance and how long they have not been taking their medications as directed. Study results may indicate needed areas of improvement in the Medicare Part D program to better serve the population.

While other recent studies have published national survey results on Part D, none of them have been specific to Cook County or to Illinois. No study has interviewed seniors. We believe that these corrections in study design will give Cook County's physicians and their patients a better understanding of ways to work with the new Medicare program.

*If you wish to participate in the survey, or have patients who would like to discuss their experiences with Part D, contact Sara Lieber, research project manager, at the Chicago Medical Society (312) 670-2550; or [slieber@cmsdocs.org](mailto:slieber@cmsdocs.org).*

***Happy Holidays:  
All members invited***

***PLEASE SAVE THE DATE:***

***The CMS Holiday Reception will  
be held Wednesday evening, Dec. 13,  
at a downtown location.  
Invite your legislator.***

Details will be published in our upcoming issue.

FOR INFORMATION, CALL (312) 329-7322.

## THE JOY OF PUTTERING

# CMS golf outing suits docs to a tee



**Hard driving:** Getting ready to tee off at Cog Hill Golf and Country Club in Lemont are, from left: Dr. Michael Treister, CMS trustee, Dr. Shastri Swaminathan, president; Jim Tarrant, executive director; and Dr. Edgar Borda, trustee.

*Record-breaking attendance requires two golf courses*

DESPITE INCLEMENT WEATHER, IT WAS AN afternoon of fun and camaraderie, followed by a relaxing dinner, for participants of the CMS 8th Annual Golf Outing, Sept. 13.

To accommodate the 92 golfers and their guests, CMS reserved space at two courses: Ruffled Feathers and Cog Hill Golf and Country Club, both in Lemont. Golfers competed for over \$3,000 in cash and prizes, which ranged from a weekend stay at the Hyatt Regency Chicago to a \$150 gift certificate at the Blue Water Grill restaurant.

At Ruffled Feathers, the team including Drs. Sharad Khandelwal (District 5 trustee) and Birinder Marwah won first place. Cog Hill winners included CMS President Dr. Shastri Swaminathan. Drs. Chatri Vanagasem and Chad Spangler snagged prizes as well.

But, there was more. At the end of the games, all participants received a raffle ticket, giving everyone, not just the skilled golfers, a chance to win.

Raffle prizes included: \$100 gift certificate to



**Julie Hedstrom (PBT), Pete DeJesu (Laerdal), Drs. Steven M. Malkin, and Howard Axe team up at Cog Hill.**

*Photos, CMS staff*



**Twosome at Cog Hill: Drs. Rupert Mayuga and Douglas Macias.**

Lettuce Entertain You Restaurants; three Laerdal Simman clocks; deluxe poker sets; \$150 gift certificate to Blue Water Grill Restaurant; ball pick ups; golf towels; one night stay at the Chicago Drake Hotel; two nights' deluxe stay at the Hyatt Regency Chicago; wine tour package at Sam's Wine and Spirits; multi-purpose tools; DVD player/recorder.

*This year's sponsors were the CMS Insurance Agency, ProAssurance, National City, and Physicians' Benefits Trust.*

## WHAT'S THE BEEF?

Scott Warner, CMS



### **Health issue: Grass-fed vs. grain-fed**

When television newsman, documentary producer and conservationist Bill Kurtis, *center*, discussed the health benefits of grass-fed beef, Drs. Zofia Szymanska, *left*, and Monique Anawis came to take notes and ask questions. Mr. Kurtis, who raises grass-fed cattle on his 10,000-acre Kansas ranch, spoke at Roosevelt University on Sept. 16, in a program sponsored by the Chicago Medical Society, ChicaGourmets, and the Culinary Historians of Chicago.

## RESOURCES

### Conference to address health care reform, clinical ethics

THE UNIVERSITY OF CHICAGO AND THE MacLean Center for Clinical Medical Ethics will host a forum this fall designed to inform physicians about new directions and policy options the nation faces.

The Conference on Health Care Reform, scheduled for Nov. 10-11, will include speakers such as Harvard University's Nancy Kane, who will speak about the status of new state-sponsored universal health-care initiatives in Maine and Massachusetts, Princeton University's health economist Uwe Reinhardt, and legal expert Richard Epstein from the University of Chicago--all of whom will debate the merits of a more inclusive and fair health-care system.

The second day will be devoted to clinical ethics. The MacLean Center Conference is free, but registration is required and attendance will be limited to the first 300 registrants.

*Registration information and conference logistics are available at <http://medicine.uchicago.edu/centers/ccme/events.htm>. For additional information, e-mail Lindsay Owens at [lowens@medicine.bsd.uchicago.edu](mailto:lowens@medicine.bsd.uchicago.edu).*

### Federal program encourages adoption of health IT

THE ILLINOIS FOUNDATION FOR QUALITY Health Care is working with 225 physician practices across the state to help them prepare for and implement EHRs in their offices. As the Medicare-contracted quality improvement organization for Illinois, the IFQHC hosts seminars, connects participants with vendors, and helps set up timelines for EHR implementation.

The organization meets one-on-one with the practices and offers contact resources and literature. The ultimate goal, says Beth Hackman, MBA, vice-president of the IFQHC, is tailoring an EHR according to each participating practice's specific needs. IFQHC will be working with these 225 offices until summer 2008.

*Although recruitment is closed, physicians wishing to learn more about EHRs and implementation can visit [www.ifqhc.org](http://www.ifqhc.org) for resources and information.*

(ADVERTISEMENT)

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Phil Seroczynski (312) 329-7346 or  
Dana Lucas (312) 329-7337*

AT YOUR LEISURE

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Prices include hotel and airfare.

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-- March 1-9/March 10-18
- **Paris and London via the Eurostar:**  
**\$2,199** (plus taxes) -- March 31-April 8
- **Greek Isles Cruise and Venice: from**  
**\$3,095** (plus taxes) -- May 4-15/May 11-22
- **Western Mediterranean Cruise and**  
**Rome: from \$3,095** (plus taxes)  
-- April 19-30/April 26-May 7

*ChicaGourmets\* and Seasons Restaurant  
in the Four Seasons Hotel  
120 E. Delaware Place*

Invite you to  
**Dining with Dorie Greenspan**  
*Saturday, Nov. 4, 12:30 p.m.  
reception, book signing and luncheon*



Award-winning author Dorie Greenspan, who co-wrote "Baking with Julia (Child)," has written her own book of favorite recipes, "Baking, From My Home to Yours."

### **EXECUTIVE CHEF KEVIN HICKEY'S MENU**

#### **Canapés & Wine Reception** *Traminette, Alto Vineyards*

##### **First Course**

*A Tart of Moonglow Pears and  
Point Reyes Blue Cheese,  
Dorie's Spiced Tart Dough and an  
Autumn Greens Salad with Pomegranates  
Vignoles, Pheasant Hollow Winery*

##### **Main Course**

*Braised Kobe Beef Shortrib  
Organic Parsnip Purée and Fall Vegetables  
from the Farm  
Ring Neck Red, Pheasant Hollow Winery*

##### **Dessert**

*A Selection from Dorie Greenspan's  
"Baking" from my home to yours...  
Porto di Guido, Alto Vineyards  
Seasons Pastry Chef, Michelle Antonishek*  
**\$79, inclusive**

For reservations, please contact Seasons Restaurant  
directly at (312) 649-2363 with your credit card information.  
For upcoming ChicaGourmets events, visit  
[www.chicagourgourmets.org](http://www.chicagourgourmets.org)

\*ChicaGourmets is endorsed by the Chicago Medical Society Service Bureau, Inc.

# FIRST ANNUAL OPEN ENROLLMENT FOR SENIORS IN MEDICARE PART D BEGINS NOV. 15\*

TO HELP YOU AND YOUR PATIENTS, THE CHICAGO Medical Society has prepared the following listing of locations where seniors can obtain help in changing or evaluating their Part D plans. Please feel free to post, copy, and to distribute. *Information supplied by the Illinois Department on Aging, Bilandic Bldg, 160 N. LaSalle St., Suite N-700, Chicago, IL 60601, 312-814-2630.*

**\*APPOINTMENTS ARE REQUIRED AND SHOULD BE MADE BEFORE NOV. 15.**

## SENIOR HEALTH ASSISTANCE PROGRAM (SHAP)

### OFFICES IN THE CITY OF CHICAGO

#### **Area 12 Chicago Department on Aging**

Web: [www.cityofchicago.org/aging](http://www.cityofchicago.org/aging)

E-mail: [aging@cityofchicago.org](mailto:aging@cityofchicago.org)

#### **City Hall, Room 100**

121 N. LaSalle St.

Chicago, IL 60602

312-744-1535

#### **Northeast (Levy) Senior Center**

2019 W. Lawrence Ave.

Chicago, IL 60625

312-742-2615

#### **Northwest (Copernicus) Senior Center**

3160 N. Milwaukee Ave.

Chicago, IL 60618

312-742-7692

#### **Southwest Senior Center**

6117 S. Kedzie

Chicago, IL 60629

312-745-3360

#### **Southeast (Atlas) Senior Center**

1767 E. 79th St.

Chicago, IL 60612

312-746-5763

## SENIOR HEALTH ASSISTANCE PROGRAM (SHAP)

### OFFICES IN SUBURBAN COOK COUNTY

#### **Area 13 Age Options, the suburban Area Agency on Aging**

1048 W. Lake St., Suite 300

Oak Park, IL 60301-1055

Web: [www.ageoptions-org](http://www.ageoptions-org)

708-383-0258

1-800-699-9043 (suburban Cook County only)

708-524-1653 (TTY)

Fax: 708-524-0870

E-mail: [Jon.Lavin@ageoptions.org](mailto:Jon.Lavin@ageoptions.org)

#### **139: Catholic Charities**

##### **Northwest Senior Services Program**

*Serving Barrington, Hanover, Palatine & Wheeling Townships*

1801 W. Central Rd.

Arlington Heights, IL 60005

847-253-5500

#### **140: North Shore Senior Center**

*Serving Maine, New Trier & Northfield Townships*

161 Northfield Rd.

Northfield, IL 60093

847-784-6000

#### **141: Evanston & Skokie Valley Senior Services**

*Serving Evanston & Niles Townships*

840 Dodge St.

Evanston, IL 60202

847-864-3721

#### **142: Kenneth W. Young Center for Senior Services**

*Serving Elk Grove & Schaumburg Townships*

1001 Rohlwing Rd.

Elk Grove Village, IL 60007

847-524-8800

#### **143: Seniors Assistance Center**

*Serving Norwood Park Township*

7774 W. Irving Park Rd.

Norridge, IL 60706

708-456-7979

#### **144: West Suburban Senior Services**

*Serving Leyden, North Proviso (less Brookfield & LaGrange Park) Townships*

439 Bohland Ave.

Bellwood, IL 60104

708-547-5600

#### **145: Oak Park Township Senior Services**

*Serving Oak Park & River Forest Townships*

418 S. Oak Park Ave.

Oak Park, IL 60302

708-383-8060

#### **146: Berwyn Cicero Council on Aging**

*Serving Berwyn & Cicero Townships*

7222 W. Cermak Rd.

North Riverside, IL 60546

708-863-3552

#### **147: Southwest Suburban Center on Aging**

*Serving Lyons & Riverside Townships and Villages of Brookfield & LaGrange Park*

111 W. Harris Ave.

LaGrange, IL 60525

708-354-1323

#### **148: Stickney Township Office on Aging**

*Serving Stickney Township*

7745 S. Leamington

Burbank, IL 60459

708-636-8850

#### **149: PLOWS (Palos, Lemont, Orland & Worth) Council on Aging**

*Serving Palos, Lemont, Orland & Worth Townships*

7808 College Drive, 5 East

Palos Heights, IL 60463

708-361-0219

#### **150: South Suburban Senior Services of Catholic Charities**

*Serving Bloom, Bremen, Calumet, Rich & Thornton Townships*

15300 South Lexington Ave.

Harvey, IL 60426

708-596-2222

#### **151: Bloom Township Senior Citizens Services**

*Serving Bloom Township*

425 S. Halsted St.

Chicago Heights, IL 60411

708-745-9400



## Office/building for sale/rent

**EXCELLENT OAK BROOK LOCATION** for doctor's office. Modern building with atrium; 1733 sq. ft. available. Landlord will assist in build-out and remodeling cost. Call (630) 279-5577.

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**INTERNAL MEDICINE/BARIATRIC PRACTICE** for sale in Crown Point, IN. Great potential, reasonable price. Located in fast-growing area. E-mail inquiries to [chaieyman@comcast.net](mailto:chaieyman@comcast.net).

**UPSCALE OFFICE SPACE FOR LEASE** 4500 sq. ft., or portion thereof, suitable for professional service; previous medical facility had four exam rooms, two reception areas. Located at 233 E. Erie, 5th Floor. Andrea (847) 869-7777.

**MEDICAL OR PARAMEDICAL BERWYN** office for rent. Excellent location, very reasonable rent. Executive office. Phone (630) 660-4661 or fax request to (630) 789-3420.

**OFFICE AND MEDICAL SPACE** for lease. Great locations, high visibility! Locations: 318 W. Grand Ave, Chicago; 1640 N. Arlington Heights Rd., Arlington Heights; 1650 Maple Ave., Lisle; and other locations. Aggressive rental rates of \$10.50 to \$32.50 per sq. ft. Contact: Mark Singer of Aarmor Realty & Investments LLC (312) 203-0011 or email [mrmarksinger@hotmail.com](mailto:mrmarksinger@hotmail.com).

**MEDICAL-PHYSICAL THERAPY SPACE** to sublet. Total of 1500 sq. ft. in Edgewater neighborhood (North Side). Fully equipped, brand new build-out. Immediate occupancy available. Call (773) 784-6682 with inquiries.

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**GENERAL PRACTICE OR FAMILY PRACTICE** for outpatient clinic—Chicago-area. Part-time or full-time. Spanish-speaking neighborhood. No night calls. No hospital practice. Call (630) 452-8445.

**PART-TIME/FULL-TIME PEDIATRICIAN** for pediatric practice located 45 minutes from downtown Chicago. Reply to Box #2284, c/o Chicago Medicine, 515 N. Dearborn St, Chicago, IL 60610.

**WE ARE SEEKING A GENERAL ORTHOPEDIC** surgeon to join an established multi-specialty group on the North Side of Chicago. Ambulatory surgical facility includes all treatment modalities and diagnostic capabilities, including physical therapy and rehabilitation, MRI, X-ray and fluoroscopy. Salary \$500—\$700,000. Send resume to Box 2307, c/o Chicago Medicine, 515 N. Dearborn St., Chicago, IL 60610.

**POSITION FOR INTERNAL MEDICINE** physicians, J1 or H1 waiver available for MD or DO. Prefer new graduate. Available for July 2007, includes benefits. Please fax resume to (630) 789-3420; will call for interview.

**PHYSICIANS NEEDED—FULL- OR PART-** time available. Downtown Chicago and suburban Chicago locations, northwestern and western suburbs. Ob/gyn for pregnancy termination, urology, GI, general surgery, family practice, plastic/cosmetic surgery, and anes-

thesiology specialties wanted. Residents in Illinois programs welcome. Malpractice insurance available. Hourly or salaried positions available. Mail CV to Administrator, 1640 Arlington Heights Rd., Suite 110, Arlington Heights, IL 60004; or fax to (847) 398-4585; or email: [Tammy.s@covad.net](mailto:Tammy.s@covad.net).

**GENERAL PRACTICE OR FAMILY PRACTICE** for outpatient clinic—Chicago area—Cicero and Berwyn. Flexible hours—work only a few hours per week, or as many as you wish. Spanish-speaking neighborhood. Please call (708) 257-0461.

**HELP WANTED—INTEGRATIVE MEDICAL** center location in Riverwoods/Deerfield in beautiful facility close to Lake Cook exit of 294 is inviting a committed board-certified or board-eligible internist, family practitioner, DO or other interested MD who would like to be part of our healing team of doctors, chiropractors, acupuncturists, and naprapath. You will be able to incorporate our full natural pharmacy and lab into your practice. Call Barrie at (847) 236-1701.

**SEMI-RETIRED PART-TIME PHYSICIAN** looking for doctor to do physical exams for rehab center. Call for info: (773) 685-0443.

## Medical equipment for sale

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## Business services

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